



Tailor-made holidays in Malmö and Skåne

The region of Skåne lends itself perfectly to a touring holiday, with its picture-postcard landscape of rolling hills, agricultural pastures, fruit orchards, forests, medieval villages, manor houses and extensive coastline. At every turn a new view and experience is on offer.

Malmö:

The city:

Over the past decade, the city of Malmö has undergone a dramatic transformation including the redevelopment of its once bustling port and the building of the Öresund Bridge, connecting Malmö with Copenhagen. Yet for all of this expansion, Malmö remains a small, friendly and pleasant city where almost everything is located within easy walking distance.

The historic centre of Malmö is centred around three squares – Stortorget, Lilla Torg and Gustav Adolfs Torg, which together form a charming cobblestone district where locals and tourists come to eat, drink and shop.

Surrounding the squares is the largely, pedestrianised shopping district of the city. Here you will find the Form/Design Centre which showcases exhibitions on architecture, design, industrial design and handicraft; as well as big name Swedish retailers and international brands. Malmö has some 800 shops and counting!

For those searching for something a little different, the district of Möllevången is worthy of a visit. Stroll among the market stalls, delicatessens - specialising in local and international foods – and boutique shops.

Relaxing environments:

Malmö is locally known as the 'City of Parks' thanks to its abundance of green spaces. A favourite of the Sunvil team is the Slottsparken in the heart of the city, with its canalside trails and excellent cafe serving organic, home-made treats. Neighbouring the park are the

City Museum, Art Museum and the National History Museum, housed in Malmöhus Castle; the oldest remaining Renaissance castle in Scandinavia.

Västra Hamnen, the Western harbour of Malmö, is a pleasant juxtaposition of canals, beachfront areas and trendy eateries. From Västra Hamnen there are stunning views of the Öresund Bridge, which arches its way over to the Danish coastline - For the best views go to the Luftkastellet lookout point or take a guided tour to the 54th floor of the Turning Torso, Sweden's tallest building measuring 190m

Malmö is one of the few cities in the world, where you can enjoy fine sandy beaches. The 2.5km, Ribersborg beach, within the city limits, offers just that and the perfect escape from city life.

Copenhagen:

A 40-minute journey by train will take you across the spectacular Öresund Bridge – the longest combined road and rail bridge in Europe, to Denmark, a great opportunity to spend the day in Copenhagen.





Skåne



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Ystad:

A visit to the serene, historic town of Ystad is a highlight of any stay in Skåne. Delve deep into the town on a guided tour, absorb the medieval atmosphere, hear the town watchman blowing his horn every fifteen minutes from 21:15 – 03:00 daily and visit Cineteket, where you can read film scripts including those from the Wallander series!

To the east of Ystad is the little fishing village of Kåseberga where you can visit Ales Stenar, a Megalithic monument consisting of 59 sandstone boulders. Other villages of interest include the fishing port of Simrishamn, Falsterbo and Skillinge.

For those staying for a longer duration in Ystad an excursion to the Danish island of Bornholm, by catamaran, is possible.

The district of Österlen:

The district of Österlen, in the south-eastern corner of Skåne, is packed with studios, workshops and galleries of talented local artists. Each spring, artists in Österlen open up their studios for visitors and the regional tourist office has developed a number of 'Art Circuits' for tourists to follow during this period. This is a wonderful way in which to meet local residents and to pick up souvenirs of your trip.

Activities:

A day on the beach, a gentle walk or a round of golf – the choice is yours

Skåne has **400km of coastline** – sandy beaches and rocky coves – which are a delight to explore at any time of year, whether windswept and peaceful or drenched in summer sun.

The southern plains of Skåne form an ideal landscape for undemanding walks. Across the region, there are 1000km of marked trails which provide access to the diverse nature and culture. The estate of Håckeberga Slott (Page 25) incorporates part of the network, collectively known as Skåneleden.

The region is a **golfer's paradise** with more than 70 golf courses spread throughout the region. Here you will find parkland and seaside courses to suit all abilities, and some of the best championship courses in Europe including Barsebäck where the European Golf Tour plays each year.

Food:

Skåne is synonymous with good food. Asparagus, strawberries, raspberries, potatoes, apples, cabbages and parsnips are all grown locally. Combine these ingredients with the local lamb, cured ham, suckling pork, freshwater fish and seafood and you are guaranteed a delicious feast.

Why not explore the district by car stopping at coffee shops, bakeries, farm shops and restaurants handpicked by the **Culinary Skåne programme?**

Throughout the year, the region also plays host to numerous food festivals a visit to which can be incorporated into a holiday itinerary. Events include: the **Asparagus festival** in Sparrisgården (May); **Herring day** in Hamnen (August) and the **Apple market** in Kivik (September).



Strawberries



Fika